WWF SLAMS CANADA'S GREEN RECORD, PG 3

Celebrity Buzz

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Mideast TV network gaining support in Canada

MEDIA They are professional journalists. They give voice to terrorists. They are vital to democracy. They suppress it. They are Al Jazeera English and they are hoping to come to a TV near

The Canadian Radio-television and Telecommunica-tions Commission received public comments that varied from strongly in favour to outrageously against an application to allow the Oatar-based broadcaster to air in the country.

Tony Burman, a former CBC news executive who became managing director of Al Jazeera English two years ago, said he is buoyed by the fact there have been far more positive comments than negative.

Contrary to what people would have predicted, the overwhelming sentiment was in favour of Al Jazeera English being in Canada, said Burman. He said out of 2,652 public comments submitted to the CRTC, there were only 39 against.

TORSTAR NEWS SERVICE

Sunny **Side**

Follow Metro's SunnySide initiative as we help you find the good news around Ottawa and

Canada. This is also a Call to Action for you to send us your suggestions at ottawaletters@metronews. ca. metronews.ca or on Twitter @metroottawa.

On metronews.ca

- Calling on all Ottawans share your SunnySide thoughts on what makes Ottawa tick, people, places, events and architecture, on Twitter using #sunnyside
- See what other Metro readers are doing and saying about SunnySide.



Ottawa residents Katie Ryan, left, and Ariana Patterson celebrate among hundreds of thousands of Canada Day revellers on Parliament Hill yesterday. More coverage, pg 2

Oh yeah Canada!

TRACEY TONG tracey.tong@metronews.ca

Every year, Megan Wilson and her friends arrive prepared to fight the Canada Day crowds.

Over the years, I learned to not wear flip-flops," said the Toronto resident, who is originally from Ottawa. "Even if it's super hot,

too just many peo-ple pushing **Canada** Day squeez-

ing and you have to protect your feet."

Also, bring your own water, because it can be difficult to find water when you need it, and a cellphone, because it's easy to lose track of the people you came with, she added.

Sounds like a lot of effort, but for Wilson, it's worth it, she said

"Downtown and on (Parliament Hill) to peoplewatch and watch fireworks at night is definitely the place to be on Canada Day," she said. "I never miss it."

Hundreds of thousands

of people gathered on Parliament Hill — and through a period of rain to celebrate Canada's 142nd birthday yesterday.

Events included the flagraising ceremony, the Changing of the Guard, the RCMP Musical Ride, and of course, the entertainment and the evening fireworks.

included Performers Sarah McLachlan, Marie Mai, The Re-

spectables with Gordie Johnson,

Shane Yellow-Marie-Jo Therio, K'naan, Chic Gamine and the Canadian Tenors.

There were also events at Major's Hill Park and across the Ottawa River at Jacques Cartier Park, free Ottawa International Jazz Festival shows at Confederation Park, and Aboriginal Experiences at Victoria Island

Revellers also got to meet athletes at the Capital Infocentre, where there was a celebration of the Vancouver 2010 Olympic Paralympic Winter

large pepperoni pizza and all your cash

TRACEY TONG tracey.tong@metronews.ca

Ottawa police are seeking the public's assistance in identifying three men after three pizza restaurants were robbed in one week.

At 11:50 p.m. on June 19, two males entered a Montreal Road Dominos Pizza. One of the suspects was armed with a firearm. The pair fled prior to police arrival, police said yesterday.

On June 26 at 2:02 a.m., police say three males entered a Pizza Pizza in the 1900 block of Montreal Road. One suspect was armed with a firearm, the others with knives. They fled with an undisclosed amount of cash.

Less than an hour later, three males entered the Pizza Pizza in the 1300 block of Richmond Road. Police said two suspects were armed with firearms, the other with a knife. The employees were ordered to open the cash registers and to get down on the floor. The suspects then

fled with an undisclosed amount of cash.

Police are seeking three black males in their 20s.

Anyone with information is asked to call the Ottawa Police robbery section at 613-236-1222 ext.



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Two men sought in robbery of Dairy Queen

Ottawa police are seeking suspects after the Dairy Queen at 499 Terry Fox Dr. was robbed late Tuesday night. Witnesses said at 11 p.m., two men armed with knives entered the Dairy Queen and threatened and assaulted the staff. Police are seeking black males in their late teens to early 20s. METRO OTTAWA





Get your pint arm ready

Think you can pour the perfect pint? Stella Artois is holding its ninth annual quest to find Canada's Draught Master. On July 10, Ottawa residents will compete in a regional championship at the Honest Lawyer in the ByWard Market. Three finalists will go on to compete in the national competition in Toronto on July 25 and the Canadian champion will go on to compete in New York City on Oct. 29.

Celebrating 100 years of flight Four Canadian Tenors

Thousands attend free activity day at Canada Aviation Museum



TIM WIECLAWSKI

Canada may be 142 years old, but it's only been flying for a century.

The Canada Aviation Museum celebrated Canada Day by throwing the doors open on one of the world's best aviation collections.

The free day of activity at the museum started with a citizenship ceremony for 100 people presided over by Gov. Gen. Michaëlle Jean, to mark Canada's centennial of powered flight.

Aircraft from the Ontario Provincial Police, the Royal Canadian Mounted Police, the Canadian War-



In celebration of Canada Day and the centennial of flight in Canada, the Snowbirds, accompanied by the Centennial Heritage Flight team, flew over the Canada Aviation Museum yesterday.

plane Heritage Museum and Vintage Wings of Canada were flown in for the day for static displays outside the museum.

Canada Aviation Museum spokewoman Marie-Cadieux said they were expecting upwards of 6.000 visitors to the museum

"This is our biggest day of the year," she said. "We have a lot of family activities going on.

The main aerial attrac-

tion was an appearance by the Snowbirds Demonstration Team.

Ottawa resident Paul Devey and his family came out to the aviation museum so his kids could see the planes and visit their granddad, who is volunteering with the restoration work on a 1948 Northstar aircraft.

"It's impressive to see the airplanes, and see Canada's aviation heritage," he said.

This is the second year that Paula McClintock spent Canada Day at the aviation museum.

'It's not quite as busy as downtown," said McClintock. "I wouldn't feel comfortable bringing my kids downtown so this is the perfect venue. They get to run around and they learn something too.'

'proud' to sing on Hill



Growing up in Ottawa, Remigio Pereira remembers coming downtown to Par-liament Hill to join in the Canada Day festivities. Yesterday, the Ottawa na-

tive returned to the Hill but as a performer — when the Canadian Tenors took the Canada Day stage.

"I love coming back here," Pereira told Metro Ottawa yesterday. "It's a great feeling to be back in Ottawa."

The Canadian Tenors comprised of Pereira, Port McNeil's Clifton Murray, Toronto's Victor Micallef and Vancouver's Fraser Wal- have performed their eclectic blend of classical and contemporary pop all over the world, from the Tel Aviv opera house where



Canadian Tenors Victor Micallef, Clifton Murray, Remigio Pereira and Fraser Walters.

they shared the stage with Andrea Bocelli, to Las Vegas, where they played with David Foster and Friends.

But there's no place like home

"We're Canadian, and the opportunity to sing for the Governor General and all the people on the Hill is so inspiring," said Murray. "You recharge your Canadian patriotic batteries and feel proud when you sing in front of a sea of red and white flags.

TRACEY TONG/METRO OTTAWA

Cultural Capitals showcase their arts, communities

Canada Day

Ottawa's Canada Dav celebration might be biggest in the country, but that didn't mean there wasn't room to showcase five other cities and towns.

In partnership with the Department of Canadian Heritage's Cultural Capitals of Canada program, the National Capital Commission hosted artists from Coquitlam and Whistler, B.C., Trois-Rivières, Que., and Fredericton and Caraquet, N.B., as part of the Canada Day celebrations here.

Artists showed off pottery, spoon playing, storytelling, metalsmithing, weathervane making,

broom making and even giant carnival heads that told the stories of their towns and cities at Major's Hill Park vesterday

While a lot of people have heard of Caraquet, resident and artist Marie-Josée Brideau said the display teaches people about the area.

Whistler painter Vanessa Stark was hoping to convey her municipality as "a beautiful place to live.

Fredericton Denise Richard said "the arts community is very strong and there's a lot of theatre.

"It's a very dynamic little community," she said. pointing out its similarity to Ottawa.

TRACEY TONG/METRO OTTAWA

Canada Day Wearing the red maple



University of Ottawa student Anne Honeywell helps Richmond, B.C., resident Noemie Boucher, 9, show her Canada Day colours yesterday on Elgin Street.

metr@news.ca What's online today.

Video Soldiers

mark Canada Day in Afghanistan with patriotic tank decor and festivities between battles at metronews.ca/world Blogs The 100-Day Raw Food Challenge takes on the task of creating an uncooked pizza

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Lotto 6/49: 2, 5, 19, 26, 29 & 31 Bonus 28 Ontario 49: 7, 10, 16, 18, 40 & 46. Bonus 21 Ontario Pick 3: 588; Ontario Pick 4: 5760 Encore: 6776792

Daily Keno: 4, 8, 9, 14, 17, 18, 19, 22, 31, 33, 34, 43, 45, 46, 56, 58, 60, 61, 62, 63 These results are not official.

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Canada may not agree on oil accord: Cannon

Canada may not embrace an expected proposal by French President Nicolas Sarkozy to work out a fair oil price accord at next week's G8 summit in Italy, Foreign Minister Lawrence Cannon said Tuesday. REUTERS

Canada



Order of Canada for Great One

Wayne Gretzky, arguably the greatest hockey player who ever lived, has been appointed to receive the Order of Canada by Gov.-Gen. Michaëlle Jean, Reuters reports. Jean announced the appointment of Gretzky, a National Hockey League hall of famer and current head coach of the NHL's Phoenix Coyotes, along with 59 other appointments yesterday. METRO NEWS SERVICES



Molly the bride and Meiko the groom are pictured at the Canada Day dog wedding that took place at Queen Alex School yesterday in Edmonton. This was one of the many of the "silly" events that took place at the start and finish point for that city's

Canada among worst of laggard G8: Report

CLIMATE CHANGE With only five months to go until a new global pact on climate change, none of the Group of Eight nations is doing enough to curb global warming, with Canada and the United States ranking bottom, a study said on

yesterday. The G8 Climate Scorecards, compiled by environmental group WWF, said even the greenest members of the rich nations' club — Germany, Britain and France — were not on track to meet a "danger threshold" of limiting temperature rises to below 2 C.

G8 leaders gather in Italy next week to discuss the world financial crisis and climate change, hoping to make progress toward a new pact on global warming due to be signed in Copenhagen in December to replace the 1997 Kyoto

Singled out

 Yesterday's annual G8 scorecard singled out Canada, saying Prime Minister Stephen Harper's conservative government had not implemented a plan to curb emissions, already among the highest in the world per capita and steadily increasing. Canada was not even close to meeting its Kyoto agreements, the WWF said.

deal. They will be joined by members of U.S. President Barack Obama's Major Economies Forum in a bid to forge broad consensus.

"While there might be a bailout possibility for the financial system, no amounts of money will save the planet once climate change crosses the danger threshold," WWF head James Leape wrote in the report. REUTERS

Edmonton Dogs have their day Bill puts lives second: MP

Limit on damages in nuclear accidents not enough, says NDPer

ment is putting the nuclear industry ahead of the lives of Canadians with a proposed law limiting damages in the event of an accident, a New Democrat MP says.

The government wants to update the Nuclear Liability Act to increase the maximum to \$650 million in damages from the current \$75 million set in the 1970s, but the NDP's Nathan Cullen said it should be in the billions of dollars. "The crux of it is

how much you can sue for in the event of a nu-

acciden.

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Skeenailkley Valyy.

Cullen
said it's difficult to have
confidence in
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tecst to lowball the cost of human life.

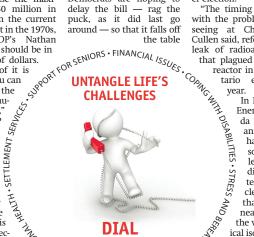
"Get somewhere in the ballpark ... into the billions for

in an interview. On March 24, 2009, the

sure," he said

federal government re-introduced Bill C-20 poses to replace the Nuclear Liability Act with a specific civil liability regime for nuclear incidents.

The bill is before the Commons natural resources committee when Parliament resumes sitting in September and the New Democrats are hoping to delay the bill — rag the puck, as it did last go



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"The crux of it is how much you can sue for in the event of a nuclear accident ... Get somewhere in the ballpark ... into the billions for sure."

NDP MP Nathan Cullen

if and when there is another election.

"The timing is brutal ... with the problems we are seeing at Chalk River," Cullen said, referring to the leak of radioactive water that plagued the 52-year reactor in eastern Onearlier this

> In May, Atomic Energy of Cana-da Ltd. (AECL) announced it had found the source of the leak of ra-dioactive water at the nuclear reactor that produces nearly half of the world's med-

ical isotopes.
Cullen said the liability limit is about \$10 billion in the U.S., which is a pool of funds paid into by the nuclear operators. In most other coun-

tries there is no ceiling on damages. "It is a pretty unusual situation as far as we can tell that Canada would have this very low ceiling," he

Cullen and other critics suspect the real reason behind the \$650 million figures is to make Canada a more attractive place for companies wanting to build nuclear power plants, "which is a weird way to attract investment dollars."

The Conservative government has announced it wants to sell off the nuclear division of AECL Atomic Energy of Canada Ltd., and Cullen said the reduced liability exposure makes Canada a more favourable place for companies wanting to build nuclear power plants.

Bill C-20 proposes that operators of nuclear installations be exclusively liable for any nuclear incident, including personal injury and

property damage.

The amended act states the liability of an operator for damage resulting from a nuclear incident is limited to \$650 million and in most cases the operator cannot be liable for more.

However, an operator has to take \$650-million insurance and if cannot find a private insurer, Ottawa will reinsurance through a special account called the Nuclear Liability Reinsurance Account.

TORSTAR NEWS SERVICE

News in brief

ASYLUM Canada may reinstate a visa requirement on Czech visitors after hundreds of Roma from the Czech state sought asylum there over the past few months, the Czech Foreign Ministry said yesterday. The Roma asylum seekers say they have been discriminated against by the majority ethnic Czech population, a view supported by human rights agencies. Minister Jan Kohout said he had met Canadian Citizenship and Immigration Minister Jason Kenney several days ago on the issue. The Canadian embassy in Prague did not say if the visa requirement would be

INVESTIGATION Kingston and Montreal police are investigating how a car carrying three teenage sisters and a female relative ended up submerged in a Rideau Canal lock northeast of Kingston. The bodies of four Quebec womenthree teenage sisters and a family relative have been recovered after a car was pulled from a Rideau Canal lock northeast of Kingston. The victims are three sisters aged 13, 17 and 19 and a 50-year-old woman. Their bodies were trapped in a black, four-door Nissan Sentra submerged in five metres of water. Parks Canada employees discovered the vehicle after spotting an oil slick on the water of the northernmost Kingston Mills lock around 8 a.m. Tuesday

TORSTAR NEWS SERVICE

Ottawa Festive mood



Gov.-Gen. Michaëlle Jean arrives for Canada Day celebrations on Parliament Hill in Ottawa yesterday. A recent announcement made by Prime Minister Stephen Harper said Jean will open the 2010 Olympics in Vancouver.

Plane lands safely after bird strike

Despite renewed efforts by New York officials to keep skies around the city's airports clear of wildlife, a passenger plane was damaged after hitting a bird as it landed this week in what is a growing industry problem. The plane became one of about 7,000 planes a year in the United States to be involved in a so-called bird strike. REUTERS

World



Depp bad for moral health?

What do Johnny Depp, left, Garfield, Paris Hilton and roast pork have in common? In China, the answer is a new government-mandated Internet filter which rates some pictures of all four of them as bad for your moral health. Beijing has ordered all personal computers sold from yesterday to be Preinstalled with Green Dam software, which is designed to block pornographic and violent images.

When the software is installed, and an image scanner activated, it blocks even harmless images of a film poster for cartoon cat Garfield and one search engine close-up of Depp's face.

Honduras defies world pressure

COUP The Honduran interim government defied international pressure vesterday and vowed there was "no chance at all" of ousted President Manuel

Zelaya returning to office. World leaders from U.S. President Barack Obama to Venezuelan President Hugo Chavez have told the new rulers of the Central American country to restore Zelaya, a leftist who was toppled by the army Sunday and flown to Costa Rica.

Enrique Ortez, interim foreign minister, told Reuters that Zelaya would be arrested if he came home.

The crisis in Honduras has spiraled into the worst political turmoil in Central America since the U.S. invasion of Panama in 1989

REUTERS

Cause of crash a mystery

Survivor clung to wreckage; airline says Canadian aboard

French and U.S. aircraft hunted yesterday for survivors from a plane that crashed off Comoros, while in Paris expatriates from the Indian Ocean archipelago tried to block another flight by the same airline.

The European Commission sent a letter to the airline, Yemenia, saying its aircraft could be banned in the European Union after a Yemenia-run Airbus A310-300 went down in the Indian Ocean on Tuesday with 153 people on board.

Just one survivor — a 14year-old Franco-Comoran girl — has been found in the sea so far, having held on to floating material.

"She clung to a piece of debris from the plane for 12 hours," French Co-operation Minister Alain Joyan-

Human factors: Troubling trend

• Human factors are emerging as a worrisome trend in global air crashes and other incidents as fatigue, complex flight systems, inconsistent training and regulation pose new challenges to airlines, a leading safety advocate said on Tues-

Bill Voss, president of the Flight Safety Foundation, a

det said, adding she would be flown to a Paris hospital.

"She signalled to a passing boat and it was able to pick her up. She really showed incredible physical and moral strength.

The survivor, identified as Bakari Bahia, had cuts to her face and a fractured collarbone, but was stable after being picked up on

watchdog and advocacy group, said 2009 could be the worst year in a decade for maior commercial aviation accidents.

There have been 12 crashes this year through June and carriers globally are on pace to equal the 10-year high of 24 crashes in 1999, according to safety foundation figures.

Tuesday.

The airline said 75 Comorans and 65 French nationals were on board the flight, along with one Palestinian and one Canadian.

The crew comprised six Yemenis, two Moroccans, Indonesian, Ethiopian and a Filipina.

Hong Kong **Anniversary protest**



Former lawmaker Anson Chan, middle, was one of an estimated 76,000 marching to demand universal suffrage and greater democracy in Hong Kong yesterday to mark the 12th anniversary of the territory's handover to China from Britain.

News in brief

IRAQ Iraqi politicians from across the ethnic and sectarian divide yesterday welcomed the U.S. troop withdrawal from cities as a step towards sover eignty, even though they feared it might trigger more

violence. U.S. combat troops pulled out of Irag's towns and cities on Tuesday into rural bases, the first step of a bilateral security pact that requires all U.S. troops to leave Iraq by REUTERS 2012.



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Mississippi officially the biggest state

Mississippi is the U.S. state with the fattest residents, new figures show. Colorado has the thinnest residents. REUTERS

Barack who?

Obama's visit next week leaves Russians cold

Adoring fans have flocked to see him on visits around the world, but Barack Obama should expect a far cooler reception in Russia next week.

'Obamamania" swept much of the world in January after Obama moved into the White House. But it largely passed Russians by.

"We didn't even know he was coming," said a young woman employee at an upmarket Moscow clothing boutique.

Disputes over U.S. plans to position elements of a missile shield system in eastern Europe and a war last year between Russia

"We didn't even know he was coming."

Young employee at Moscow boutique

and NATO-aspirant Georgia have strained Moscow-Washington ties.

Russian newspapers did not plaster their front pages with photos of Obama's January inauguration like other publications around the world. And advance coverage of his July 6-8 trip in state-controlled media has been muted.

Most ordinary Russians have more pressing issues to consider — the financial crisis and unemployment – than Obama's first visit to their country as U.S. president.

"It's good that he's the president after Bush but we're far more worried about money than his trip," said Yevgeny Mes-nikov, 26, before taking another slug from his bottle of beer.

He had just finished a 12hour overnight shift renovating the nearby Bolshoi Theatre, work that he said paid \$500 a month.

Italy PM views train blast debris



Italian Prime Minister Silvio Berlusconi, bottom right, visits the site of a deadly train accident in the Tuscan seaside town of Viareggio. At least 16 people were killed and 50 hurt when a freight train hauling liquefied petroleum gas derailed and exploded as it passed homes.

UN to launch probe into Bhutto killing

MURDER A UN fact-finding commission vesterday began an inquiry into the assassination of former Pakistani prime minister Benazir Bhutto.

Bhutto was murdered in a suicide gun-and-bomb attack in Rawalpindi on Dec. 27, 2007. It happened after a rally to drum up support for a general election she had hoped to win.

About 20 people were killed when the bomber struck as Bhutto was leaving a stadium waving to supporters from the roof escape hatch of her armoured vehicle.

Her murder threw nu-clear-armed Pakistan into crisis. Her Pakistan People's Party rode a wave of sympathy to win a February 2008 election. Her widower, Asif Ali Zardari, become president.

The UN team is headed by Chile's UN Ambassador Heraldo Munoz.

REUTERS

Prices spark deadly flareup

TENSIONS Police in Egypt have arrested 37 Muslims and Christians after a violent flareup.

The police acted over the killing of a Muslim man and violence that followed in a village in Egypt's Nile Delta, witnesses and security sources said yesterday.

The 18-year-old Muslim died Tuesday after a fight a day earlier, leading to the arrest of a Christian father, mother and two sons, as well as three Muslim men. The dispute arose over the price of goods at a shop owned by the Christian family. After the funeral of the dead man, dozens of Muslims set ablaze two Christianowned homes and pelted stones at Christians. That violence led to the arrest of 30 more Muslims.

Relations between Egypt's majority Muslims and its Christians can erupt into violence over issues such as inter-faith relationships and land.

News in brief

MEDICINE Researchers have identified the early master cells that make up the human heart and said in a study published in the journal Nature yesterday that they could someday be used to make patches to fix damaged hearts. REUTERS



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Comment & Views

Comment

Your cheating heart



ast week, South Carolina Gov. Mark Sanford admitted to an affair, the second American politician to go down, so to speak, in the past few weeks. Nevada Senator John Ensign (the first) must be relieved the public's guns are turned elsewhere momentarily.

The media asks whether either of these guys will continue in office. Me, I'm wondering why they gam-bled so big? Did either watch former New York governor Eliot Spitzer tap dance in front of the cameras last year as his wife endured her worst moment

Noel Biderman, president

and CEO of Ashley Madison, the infidelity dating site, says the more you have to gamble, the more you're going to gamble. "A lot of people in politics have already taken massive risks and they've paid off. They think they can continue to do it." Biderman figures the Teflon effect (nothing sticks) gives them that feeling of invincibility.

Of course, most married people shufthrough fling daily life have infinitely more trouble sussing out an affair with somebetter one looking than the spouse turning them down at Not like politicians, rock stars and sports figures, who seem to spend most of their waking hours avoid-

ing them. After all, do you

have groupies? Modern technology has been a boon to low-budget, would-be cheaters. All you need is a computer to locate the object of your new affection and a cellphone to hide it from your soon-to-be

ex.

The little people are just as susceptible to temptation as are the big cheeses.

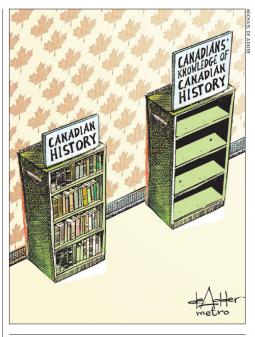


of their dreams (Sting?) if they wouldn't get caught or feel guilty, which brings me to my real question. What's keeping that measly 10 per cent of men faithful?

I thought pictures might tell me what the stories didn't. I was curious to find out what Sanford's girl-friend looked like (beautiful), wife (pretty), children (adorable). In fact, after seeing Sanford's kids in one family photo, I was puzzled by his compulsion to gamble with the family jewels.

With all the odds staked in favour of Mark Sanford being a cheating man, the opportunity, the excite-ment and the fact that a heck of a lot of married people cheat these days, maybe he should have kept a little family photo in his chest pocket, just a little bit nearer to his heart.

Georgie Binks is a Toronto freelance writer who has written about gender and relationships for CBC.ca, Elle, Chatelaine and Homemakers; georgiebinks@rogers.com.



Worth mentioning

Greeks must get used to new smoking ban

Greeks were banned from smoking at work and inside bars and restaurants yesterday, but many question how the measure will work in Europe's heaviest smoking nation.

Terraces in central Athens filled up with smoking clients as tobacco is still allowed outside, and there

confusion was over how the law will be applied

doors But Health Minister Dimitris Avramopoulos said the will ban work.

trary to past failed attempts.

"Today Greece turns the page," he told Greek me-

"It's the first time that this measure will be implemented, to end the myth that we make laws that we don't respect." Greece breaks all Euro-

pean records with more than 40 per cent of the population smoking

and six out of 10 being exposed to smoking at work, according to a Euro-

pean Union poll. Many doubt the ban can be implemented in a country where smoking is such an entrenched tradition.

Smoking-related diseases kill about 20,000 people a year in Greece, costing the country \$3.01 billion US a year, the health ministry said.

A checkered history of Canadian feminism

Mark Sanford



There's plenty to celebrate on Canada Day — we're a nation of many cultures, many opinions; a vanguard for human rights what better time to celebrate (or rethink) what Canadians fought for in the name of feminism.

Nellie McClung, one of Canada's earliest feminists, successfully campaigned for the vote in Manitoba. Clever, articulate and quotable (she famously said, "Never retreat, never explain, never apologize get the thing done and let them howl"), she saw a link between human rights and women's rights, but that belief wasn't absolute: McClung supported eugenics and believed "young, simple-minded girls" should be sterilized under a 1928 bill in Alberta.

Her peers shared her views, including fellow Famous Fiver Emily Murphy. Murphy, under the pen name Janey Canuck, also argued for immigration control — "black and yellow races may yet obtain the ascendancy," she wrote in Maclean's, threatening to "wrest the leadership of the world from British."

Alongside the black spots in our history are silly ones. Singer Rita MacNeil, now more matronly than incendiary, wrote women's lib songs in the 1970s. The male-dominated RCMP deemed MacNeil and her feminist ilk dangerous enough to spy on. While the force fretted about The Red Peril, massive social change was happening un-

der its nose. Celebrate the historymakers. Henry Morgentaler began performing illegal abortions in 1968, when the procedure was legal only to mothers facing health risks, and Stephen Lewis works tirelessly to improve the HIV/AIDS crisis in Africa. A new breed is making its mark, too: Lesbian and Muslim Irshad Manji writes about how to reform Islam, and Herizons and Shameless magazines shine in feminist media.

Still, there are great tragedies. It's estimated 520 native women have gone missing or been murdered since 1970. Last fall, the UN appealed to the federal government to investigate why the system failed to protect these women.

Systemically, the laws still reflect inequity. Recommendations from 1967's Royal Commission on the Status of Women are still unaddressed today: Daycare, wage equality, effective family law. And new issues pose great chal-Discrimination lenges: based on sexual orientation or race, and violence against women.

There's much to celebrate, but we must learn from our checkered history, from racist policies to missing women - because, to borrow a phrase from Nellie McClung, "No nation rises higher than its women.

Canice Leung is a former editor of Ryersor University feminist magazine McClung's, copy editor at Metro, ardent feminis and loudmouth.

Metro Online Poll Results





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TTC. Bombardier sign \$1.2B streetcar deal



The Toronto Transit Commission has officially signed its \$1.2-billion contract with Montreal-based Bombardier for 204 new low-floor streetcars, CBC News Online reports. The deal, first announced in April and signed Tuesday, calls for delivery of a prototype vehicle by 2011. METRO NEWS SERVICES

Business



TSX

Closed for holiday

Housing inches toward recovery

The worst of Canada's housing market woes appear to be past but the sector's rebound will be tenuous as a rise in mortgage rates and high unemployment limit the recovery in prices and sales.

Experts say first-time buyers and Bank of Canada rate cuts have helped restore stability to a market that slumped from late 2008 to early this year, when the worst leg of the financial crisis battered consumer confidence.

We should be less fearful than we were six months ago, but I don't think we should be exuberant yet. The resale markets in Canada are very strong. May numbers were pretty good, and June numbers will be even better," said Will Dun-

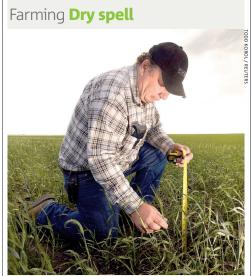
Prices up in May

 The latest data shows May resale home prices rose 0.4 per cent to \$319,757, topping the previous record set a year earlier. It was the first year-over-year increase since May last year.

ning, an economic consultant who specializes in the housing market.

"But by July and into the fall there will be an offset of considerably slower activi-

Data suggests Canada's residential property mar-ket, which weathered the financial crisis much better than its U.S. counterpart, has been thawing for several months. REUTERS



Alberta farmer Dwayne Marshman measures the hight of his wheat crop, which should be at his waist, on his farm in the Canadian prairies near Rockyford, Alta., on Tuesday. Farmers and ranchers are struggling with slow crop growth and feeding livestock across Western Canada due to dry conditions

GM must sell main assets to 'New GM': U.S. official

AUTO The only viable option to save General Motors Corp. is a sale of its main assets to a "New GM" backed by the U.S. government, a U.S. Treasury official told a court yesterday as the automaker sought approval for the deal.

The official, Harry Wilson, also said the government would withdraw its portion of the \$33-billion financing for GM if the sale of the main assets did not close by the government's July 10 deadline.

ĞM was in the second day of a bankruptcy court hearing in Manhattan in which it is asking Judge Robert Gerber to approve its asset

If the deal is approved, the "New GM" would be a company that would have the best parts of the old company, a less expensive workforce and much less debt. REUTERS

Business in brief

MADOFF A total of \$231 million has been committed to pay investors of jailed financier Bernard Madoff, the group compensating his customers said yesterday. SIPC and Irving Picard said it had accepted 543 claims for payout so far. The amount averages \$425,414 US

per claim. AIRLINE Air Canada's largest union voted narrowly Tuesday against a tentative deal to place a moratorium on pension funding and manage ment wages, damaging the airline's ability to weather the recession. TORSTAR NEWS SERVICE

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dvanced aser Hair Clinic

The Ottawa Senators were ranked 53rd overall on ESPN's annual ranking of the 122 teams in the NHL, MLB, NBA and NFL. The Toronto Blue Jays were the top Canadian team on the list at No. 34. The Los Angeles Angels of Anaheim topped the list, while the Los Angeles Clippers ranked last. METRO NEWS SERVICES

Sports



Kobe wants to be in L.A.

Kobe Bryant, left, has chosen not to terminate the final two years of his contract and will remain with the NBA champion Los Angeles Lakers. The MVP of the NBA finals Bryant has spent his entire 13-year career with the team, winning four NBA championships. METRO NEWS SERV

Federer advances to Wimbledon semifinals

TENNIS British hope Andy Murray and five-times champion Roger Federer charged headlong towards a Wimbledon final showdown yesterday while two of the game's wiliest campaigners were conspiring to gatecrash the party.

The top seeds recorded emphatic victories on another sun-baked day on Centre Court, as Tommy Haas stunned fourth seed Novak Djokovic and Andy Roddick was the last man standing in a gripping four-hour gunfight with old foe Lleyton Hewitt.

Less than 48 hours after putting his mother, girlfriend, 15,000 Centre Court fans and millions of British television viewers through the wringer with his electrifying five-set win

against Stanislas Wawrinka, Murray produced a no-nonsense 7-5, 6-3, 6-2 win over Juan Carlos Ferrero.

While the authoritative exhibition gave Murray a place in the last four at Wimbledon for the first time, the sight of all-conquering Federer at the tailend of a grand slam is taken for granted these days.

The world No. 2 reached his 21st successive major semi by dousing the fireworks of Croatian ace machine Ivo Karlovic 6-3, 7-5,

7-6. "Twenty-one in row, it's amazing. Means the world to me. It's been quite a streak and I'm happy it's still alive," said Federer, in hot pursuit of a record 15th major.

REUTERS

Hossa believes in Hawks

After failing in Pittsburgh and Detroit, star winger signs with Chicago

The Chicago Blackhawks went on a free agent shopping spree yesterday, signing high-scoring winger Marian Hossa to a staggering 12-year deal that signalled they are ready to challenge for a Stanley Cup.

Just hours after the free agent signing window had opened, the Blackhawks had their wallets out, luring Hossa away from the Detroit Red Wings with a contract worth \$62.8 million according to local media re-

Hossa was joined in the Windy City by fellow Slovak and Red Wing teammate Tomas Kopecky, who signed a two-year deal.

"To add Marian, an elite and world-class player, and Tomas, a Stanley Cup champion, to our exciting young



Marian Hossa left the Detroit Red Wings to try and win the Stanley Cup with the Chicago Blackhawks.

core reinforces our commitment to try to win the Stanley Cup," Blackhawks general manager Dale Tallon said in a statement.

Taken with the 12th overall pick by the Ottawa Senators in the 1997 draft, Hossa

has 339 goals and 719 points in a career that has also included a stop in Atlanta.

The Blackhawks were not the only team eager to do business.

Just before the NHL free

signing window , the Vancouver Canucks inked Swedish twins Daniel and Henrik Sedin to identical five-year deals worth \$30.5 million according to local media reports.

The Anaheim Ducks strengthened their blueline, signing captain Scott Niedermayer to a one-year con-tract while the Toronto Maple Leafs added some toughness inking enforcer Colton Orr to a four-year \$4 million deal.

Toronto GM Brian Burke said the Maple Leafs would be meaner and tougher next season and was good on his word signing Orr. New York immediately

went out and signed Washington Capitals' Donald Brashear. REUTERS

Sports in brief

COYOTES The National Hockey League is backing a bid by sports team mogul Jerry Reinsdorf to buy the bankrupt Phoenix Coyotes for up to \$148 million rather than the \$212.5million offer from Jim Balsillie. The NHL believes the owner of MLB's Chicago White Sox and the NBA's Chicago Bulls teams will keep the team in the Phoenix area.

SOCCER Brazil has ended Spain's one-year reign at the top of FIFA's rankings, rewarded for its comeback win over the United States in the Confederations Cup final

Canada, however, dropped nine spots to No. 92, sandwiched between Sudan and Iceland.

MLB Baseball is expanding allstar rosters yet again. Each league will have 33 players for the July 14 game at St. Louis, with an extra pitcher added to bring the total to 13. The commissioner's office said the extra spot will be a manager's choice. Rosters were expanded from 30 to 32 after 2002's 7-7, 11-inning tie in Milwaukee, when both leagues ran out of pitchers.

METRO NEWS SERVICES

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NATIONAL LEAGUE VESTERDAY Florida S Washington 3 L.A. Dodgers 1 Colorado o N.Y. Mets 1 Milwaukee o Chicago Cubs at Pittsburgh Arizona at Cincinnati Philadelphia at Atlanta San Francisco at St. Louis Houston at San Diego

Arizona at Cincinnati N.Y. Mets at Pittsburgh Houston at San Diego

Philadelphia at Atlanta San Francisco at St. Louis Milwaukee at Chicago Cubs

YESTERDAY

Montreal at Calgary

TODAY Winnipeg at Edmonton



10



Mark McEwan's new line of cookware features a full line of tri-ply pots and pans made from professional quality stainless steel construction and suitable for any cooking surface. They are available at Sears and McEwan across Canada. METRO NEWS SERVICES

Renowned chef, TV personality, Toronto Restauranteur and gourmet grocer Mark McEwan has released his first line of professional cookware. Priced between \$14.99 and \$699.99, you can check them out at Sears and McEwan stores across Canada.

McEwan releases cookware



Full line of pots and pans

Tips to avoid undie lounging



re you lounging around in your underwear keep cool instead of turning on the air conditioning full-blast?

Well, you can pat yourself on the back because you're doing the right thing, from an environmental point of view anyway. (I'm not sure about the unsuspecting people who may knock at your door, it's worth it when you're saving the planet, right?)

Well, even if you're not into walking around in your undies, there are fortunately lots of other ways you can keep yourself and your house naturally cool with minimal need for the

AC.
When it gets hot outside, keeping cool requires two things. One is that you keep the external heat outside, and two is that you refrain from creating internal heat as much as possible.

If it's going to be a scorcher, keep the sun from shining into your house and heating it up. Keep your windows and curtains closed on the sunny side of the house, and consider keeping all win-



With its minimal energy needs, a ceiling fan is perfect for keeping cool this summer.

dows shut if the outside air is hotter than the inside air. White window shades or drape liners and blinds reflect heat the best. Once the sun has sunk below the horizon in the evening, you may open windows to allow in cooler air, especially if there's a lovely breeze.

On hot days, a ceiling fan (which has minimal energy needs) should be set so that it blows air down. It doesn't actually make the air cooler, of course, but moving air can make you feel much cooler and more comfortable. A portable fan works in the same way.

Window fans can actually cool down the temperature inside, if used properly. They can be used to create an air flow. For example, you can pull in cool evening air and open an opposite window to push out the heated air that may have accumulated in your home.

An attic fan that blows heated attic air outside is also a great idea because it can create an air flow through the house, pulling up cooler basement air. Investing in increased attic insulation (up to 12 inches) can also make a difference.

Inside the house, keep it cool by managing your time so heat-producing activities occur at night. For example, don't wash clothes until later in the evening and consider drying them on a clothes rack or line outside, if possible. Use cold water wash whenever possible. Wash dishes in the evening, and turn off the heat drying cycle on the dishwasher. If you have a fan installed, use it to suck away hot damp air in places where it is generated, like showers, or laundry rooms.

Cooking, particularly in the oven, will heat up your home fast. Use a mi-crowave, or barbecue outside, use a slow-cooker plugged into an outlet in the garage, or eat a salad meal. If you use your stove or burners, turn on the fan so the heat is whisked outside. Put electronic devices like TVs and computers on a power switch and turn them off when they're not in use so they're not producing heat all day. And as my dad used to say, turn

the lights off if they are not needed. Use fluorescent light whenever possible, since incandescents produce heat, besides being inefficient energy users.

Of course, there is nothing better than long-term good planning, and if you can stick around for the long-term, do invest in planting big shady deciduous trees on southern and western exposures.

Minimize hard concrete or stone surfaces around your house in favour of plantings, since stone and concrete retains heat and reflects it back at you in the evening.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

Springing into the garden can be a stretch

WELLNESS After a long winter we're often eager to switch our bags of salt for bags of soil. We just can't wait to get out into the garden and begin digging, raking, lifting, and planting. However, without the right preparation you could end up with stiff, sore joints and muscles, back pain or injuries.

Warm-up with a short walk, then gently repeat each of the following stretches five times. Thigh Stretch: With one hand on the wall or a tree, bend your left knee then reach back and hold your ankle with your right hand. Pull your heel toward vour buttocks and hold. **Back Stretch:** Sit on a chair

and slowly bend your body forward from your hips, putting your head down and resting your hands on the floor. Shoulder Rolls: With your arms hanging loosely at your sides, slowly rotate your shoulders in a circular motion forward, then backward.

Wrist Flexion: Hold one arm straight out as if you were giving a "stop" signal, use your opposite hand to hold this position.

For more information about the Plant and Rake gardening program, go to chiropractic.on.ca.

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Three fast facts about watermelon

1. The first recorded watermelon harvest occurred nearly 5,000 years ago in Egypt. 2. Over 1,200 varieties of watermelons are grown worldwide in 96 countries. 3. Watermelon in 92 per cent water. WATERMELON.ORG



This meal is perfect for a summer night by the barbecue with guests or family, celebrating the return of warm nights for the season. 20MINUTESUPPERCLUB.COM

Complement

The fresh cool flavours of watermelon and tomato make the side salad a perfect complement to the flank steak.

dishes, one summer meal

Garlic shrimp, grilled steak and a berrylicious crumble

Designed as the online destination for food, the new 20 Minute Supper Club website provides a comprehensive recipe archive, a network for members to share their own favourite recipes as well as create personal profiles, chat about food. and find-and-follow those with similar food interests (think Facebook meets Twitter). Who doesn't need some auick. delicious and healthy recipes — for free? Create your profile at 20minutesupperclub.com and try it out.

This week's full meal includes savory Shrimp in Garlic to start, followed by Grilled Flank Steak with Tomato and Watermelon Salad, and finished with berry-bursting Bumbleberry Crumble.

Shrimp in Garlic

SERVES 6-8 PREP TIME: 15 MINUTES **COOKING TIME: 10 MINUTES**

INGREDIENTS:

- 6 tablespoons extra-virgin olive oil
- 1/4 teaspoon red pepper
- 10 Clove garlic, very thinly sliced

- 16 shrimp (26-30 count), peeled and deveined2 teaspoon salt, divided
- 1/8 teaspoon freshly ground black pepper, divided use
- 1/2 cup white wine or lemon juice
- 1/4 cup roughly chopped Italian parsley

METHOD:

1. In a pot over mediumhigh, heat oil. Sauté pepper flakes and garlic for a minute, then add shrimp and sauté for another 1 to 2 minutes. Add 1 teaspoon salt and a pinch pepper. Remove shrimp using a slotted spoon when just cooked through and pink. Remove garlic just as it starts to brown and set

2. Add wine to pot (keeping heat at medium-high), and reduce by three-quarters, shaking pan frequently to emulsify sauce, 4 to 5 minutes.

3. Season with remaining salt and pepper and add parsley. Place shrimp on a platter and drizzle with sauce and garlic.

Grilled Flank Steak with Tomato and Watermelon Salad

SERVES 4



If you don't have access to an outdoor grill, flank steak can be cooked under a broiler or stovetop in a cast iron grill pan.

PREP TIME: 15 MINUTES COOKING TIME: 10 MINUTES

INGREDIENTS:

- 2 lb flank steak, about 1inch thick
- 3 tablespoons olive oil
- 1 tablespoons rice vine-
- gar
 1 teaspoon fresh red chili, seeded, thinly sliced
- 1/2 teaspoon sugar • 3 medium tomatoes in
- assorted colours, cut into 1-inch dice
- 2 cups 1-inch diced seedless watermelon
- 1 tablespoon chopped

basil

2 teaspoons chopped

METHOD:

- 1. Preheat grill to medi-
- 2. Rub steak with 1 tablespoon olive oil and season generously with salt and freshly ground black pepper. Cook on grill, turning once, about 5 minutes per side for medium-rare Remove from heat and rest on cutting board loosely covered with foil for 10 minutes.

- 3. Meanwhile, combine remaining 2 tablespoons olive oil, rice vinegar, chili and sugar in a small bowl and whisk to blend. Season with salt and pepper and set aside. In a large bowl, combine tomatoes, watermelon and herbs. Just prior to serving, toss tomato mixture with reserved vinaigrette.
- To serve, slice steak against the grain into 1/8inch-thick strips and divide equally among 4 plates. Serve with watermelon salad.
- Chef Notes: If you don't have access to an outdoor grill, flank steak can be cooked under a broiler or stovetop in a cast iron grill

Bumbleberry Crumble SERVES 8

PREP TIME: 5 MINUTES COOKING TIME: 40 MINUTES

INGREDIENTS:

- 1-1/2 cups rolled oats1 cup all-purpose flour
- 1/2 cup oat bran
- 1 cup demerara or dark
- brown sugar • 1 cup canola oil
- 2 cups each raspberries, blueberries and blackber-

On the web

Global Peasant blog:

 Travel along with Diane culinary Thompson's adventures in her Global Peasant blog. metronews.ca/globalpeasant for this inventive pizza.

Liquid Assets column:

 Peter Rockwell wades through Vin-Expo in France: A liquid Lollapalooza that is arquably the world's largest wine tasting event. Visit metronews. La Vieille Ferme ca/liquidassets to see what he brings back.

METHOD:

- 1. Preheat oven to 350 F. In a large bowl, mix dry ingredients with a fork. Pour in oil and continue mixing until ingredients clump together.
- 2. Place berries in a shallow, oven-proof 8-cup dish, cover with crumble and bake 40 minutes, or until top is golden.







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Timberlake clothing line

"I don't really think of myself as ... an entertainer more than a designer. The collection is an extension of what I do as an artist." - Justin Timberlake on his clothing line, William Rast, in an interview with British Vogue. **кенуа нинт/метко world news**



Off the cuff

The suit got an update for spring during the Paris men's spring 2010 runway shows with cuffed trousers popping up at Hermes, Lanvin and Comme des Garçons among others. The silhouettes were relaxed, and sometimes slouchy, with the cuffs reaching as high as the calf. Maybe that means spring will be all KENYA HUNT/METRO WORLD NEWS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

The fashion timeline

A look at Michael Jackson's sartorial milestones:

- Late 1970s Jackson establishes his white sock/black shoe combo. • 1979 — Jackson reveals a new 'do and a penchant for bow ties and sequins.
- 1983 The singer's red leather, zippered jacket becomes the It item of the '80s, sparking knockoffs the world over.

 • 1983 — Jackson switches it up to
- the military jacket at a press conference for The Jacksons' Victory
- 1996 The face mask and extravagant-looking space age boots become a part of MJ's look
- 2007 In the years following his controversial child molestation case. Jackson tones it down in pared down monochromatic jackets and trousers.
- 2009 The embellished jacket returns for the press conference publicizing his comeback tour. Jackson also makes headlines for inspiring the highly coveted jackets in the fall and spring '09 Balmain collections.

KENYA HUNT/METRO WORLD NEWS Circa 1983





The emperor's clothes

Michael Jackson's wardrobe revealed a side of himself overshadowed by the plastic surgery

KENYA HUNT Metro World News

It's interesting to see how Michael Jackson's death has resonated around the world.

From Boston, to Stockholm to Lisbon, newspapers have featured four, six and eight page spreads devoted to his life and legacy. Most of them focus on his ever-

changing face, with think pieces ex-Jackson amining how his plastic surgery retrademarks included the flected inner white glove, bow conflict tie and red his about race and sexleather jacket uality. But his constantly

evolving wardrobe is perhaps just as in-dicative of who the notoriously enigmatic singer was.

In a recent interview with the AOL blog Stylelist, Phillip Bloch, who dressed Jackson for an Ebony magazine cover shoot (which turned out to be his last photo shoot ever) noted that Jackson was not very knowledgeable of the high fashion world. He asked Bloch if the famous British designer Paul Smith was American, and if the leg-endary Japanese designer Yohii Yamamoto was Ital-

The fact that Jackson wasn't looped into the high fashion world says even more about his trend setting as an artist. Whereas his face may have reflected an uncertainty about his racial and sexual identi-

ty, his distinct sartorial trade-marks (the white glove, glittery socks, bow

tie and red leather jacket for instance), which began

to emerge very early on in his career, displayed a certainty of self as a performer.

And rather than constantly re-invent his wardrobe, the way he did with his face, he instead stuck with a formula and perfected it, adding on bombastic pieces that mirrored his growing superstardom. There was the colour palette: red, black, white, gold and silver. And then the building

boots, regal military jackets, boxing championship style belts, space-age metallic tops, moon boots and showy suits. It was over the top in many



man (I

footage of baby Blanket dangling over that balcony). But on stage, he was the

still cringe

Right: Michael Jackson circa 2001. The singer's constantly evolving wardrobe displayed a certainty of self.

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Roger Friedman, the columnist who got fired by FOX News this year after he reviewed a bootlegged copy of the Wolverine, has hit back with a \$5 million US lawsuit. Friedman claims he was illegally canned and that the copy he obtained came from News Corp. honcho Rupert Murdoch. POPEATER.COM

Club member ntertainmen my of Motion Picture Arts and invited him to join the honourary





Jackson will filed, ex-wife omitted

PEOPLE Details of Michael Jackson's will began to emerge yesterday with all of his multimillion-dollar estate being placed in a family trust, even as plans for his highly anticipated funeral remained sketchy.

The will, signed in 2002, estimates his estate at that time to be worth in excess of \$500 million US and was filed with a Los Angeles Court. In it, Jackson leaves his entire estate to the Michael Jackson Family Trust, which ultimately benefits his three children, mother and unnamed charities.

Jackson's 79-year-old mother, Katherine Jackson, is nominated to be guardian of Jackson's children Prince Michael I, 12. Paris Michael Katherine, 11 and Prince Michael II, 7, and if she should be unwilling and unable to be guardian, Jackson nominated his friend, pop star Diana Ross, to be the children's guardian.

The five-page document said "I have intentionally omitted to provide for my former wife, Deborah Rowe Jackson.'

Jackson's will has been the subject of much speculation since the pop star died last Thursday, age 50, after suffering cardiac arrest. The pop star left behind an estate that includes part ownership in a Beatles music catalog and his own music company that held rights to some of his music. REUTERS



Album: Wilco (The Album) Label: Nonesuch/Warner Rating: 🕮 🕮 ½

RETTER YET, let's just call. this Wilco Can Take It Easy Now. In fact,



album number seven offers all the best moments of this Chicago alt-rock outfit's career: A bit of country flavouring here, some tension-laden experimental rock there. Add to that some fresh inspiration via a lovely duet with Canuck songstress Feist, the dry-witted self-referential title song and subtle melodic nods to the Traveling Wilburys and Big Star. All make for a fun and wor-

MusicReviews

music@metronews.ca

thy listen, but you're left with the feeling that much of this territory has been covered before and in better doses.

Rob **Thomas**

Album: Cradlesong Label: Atlantic/Warner

SAY WHAT will YOU Rob about Thomas, but the guy knows how



the next great American



Wilco (The Album) offers all the best moments from the group's career — country, experimental rock and even a duet with Feist.

song, but he will sell copious amounts of records playing middle-of-theroad, radio friendly pop to 30-something suburban guys and gals who haven't bothered to listen to new music since they were 23.

And for the demographic Thomas' new disc is fan-tastic. It's all light and inoffensive, easy to sing along with, and exactly what his fans are looking for.

Bryan Borzykowski/for Metro Canada

Mobv

Album: Wait for Me Label: Warner/Asylum Rating: 🕮

IT'S REEN A decade since Moby leased club hit Play, but



this might be his most intriguing album. There's nary a party beat here — it's all haunting, introspective atmospherics that would be better suited to a frightening film than a club. Wait for Me isn't for everyone, but when it comes down to it, Moby is challenging himself again.

Brvan Borzvkowski/for Metro Canada



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Handyman Superstar

Challenge

They may not qualify for "Canada's Worst Handyman," but the do-it-yourselfers competing on this show - which starts its fourth season tonight — are far from perfect. Ten contestants, all accomplished do-it-yourselfers, undergo an assortment of challenges to determine which of them - if any — is deserving of the title "superstar." Karen Bertelsen hosts, and Mike Holmes ("Holmes on Homes") and Jim Caruk ("Real Renos") are the judges. 2 PM on 49 H&G



The Good Shepherd

It's not the best-written or most compelling mystery movie of recent years, but it's nice to see Christian Slater in a starring role again. He plays a priest who teams up with an old flame (Molly Parker), now a reporter, to clear a fellow priest (Von Flores) charged with murder. Stephen Rea ("The Crying Game") and Gordon Pinsent also appear in the 2004 mystery. 9 PM on 61 V

14 entertainment



If you've got it, flaunt it: Hayden

Hayden Panettiere's upcoming role in the movie I Love You, Beth Cooper will give fans a good look as she bares all, people.com reports. The 20-year-old says, "If I can't flaunt it at 20, come on! I mean I might as well show it now." METRO NEWS SERVICES

Celebrity Buzz

PROVOCATEUR A promo by Madonna for an upcoming show in St. Petersburg, Russia, is causing out-

rage because the star swears in the first few seconds of the taped message.

The singer starts the promo for her Aug. 2 show by saying it will be "F—in amazing" in Rus-

The promo has rattled even her

local management. "We are not just amazed, it's not the right word are in shock," said Mar-

ianna Lubina, press representative of the PMI company, which is bringing Madonna to St. Petersburg. "Her greeting is extremely short, and will be much shorter when we cut this filthy word."

METRO WORLD NEWS

Madonna's still got it | Saying goodbye to an angel

Redmond O'Neal tearfully ioined Farrah Fawcett's closest friends and family for the actress' private funeral Tuesday afternoon at the Cathedral of Our Lady of the Angels in downtown Los Angeles, people.com reports.

Fawcett's Charlie's Angels co-star Kate Jackson, along with Marla Maples, Joan Collins and Tatum the 200 guests attending the hourlong Catholic service, where longtime pal Alana Stewart and Fawcett's doctor Lawrence Piro delivered eulogies.

"Goodbye sweet girl,' said Stewfelt sorry for herself during her illness .. she fought cancer furiously.

"She's the most beautiful angel in heaven," she added. 'She always seemed so indestructible." O'Neal and son

Redmond served as pallbearers car-Fawcett's rying

low and orange flowers.

"The funeral was really just beautiful and so sweet," Lisa Fawcett, the actress' cousin, told People. A special moment during the service came when "everyone just embraced (Redmond), she said about Fawcett's 24-yearold son, who was allowed to leave jail and attend.

METRO NEWS SERVICES

Duff as McCain's daughter?

McCain, daughter of U.S. Senator John McCain, is already casting the movie version of her forthcoming memoir, even though she hasn't finished

writing it vet. want Hilary Duff to play me. I think she's really hot hotter than me -– but I'd still want her to play me," McCain

told Gatecrasher, though she admits she isn't picky. "Really, I'd take anyone who's blonde.'

McCain says she's writing the book as part political, part mem-oir. "It's like Primary Colors meets Spelling's sTori Telling," plained. she ex-"I want young women to actually be able to read it."

METRO WORLD NEWS

Anniversaries, Beckham-style

OVER THE TOP David Beckham has rented a private island to celebrate his tenth wedding anniver-sary with wife Victoria, femalefirst.co.uk reports.

The soccer star is keen to show the former Spice Girl how much he loves her, and has organized a romantic getaway at Sir Richard Branson's exclusive and luxurious Necker Island resort.

A source said: "David has pulled in a few

favours. He has bought Victoria a lot of other gifts to mark the occasion but the big surprise

is the holiday to Necker. "Richard

Branson owns the paradise island and

sorted the trip out, including all the travel arrangements. It will be something to remember. The couple - who have

three sons together, Brooklyn, 10, Romeo, six, and fouryear-old Cruz married on

July 4, 1999. METRO NEWS SERVICES

Lindsay staged bash for cash?

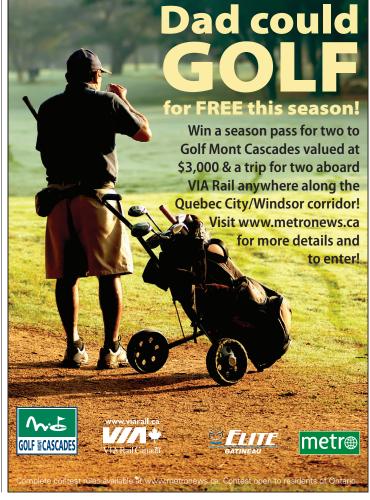
PARTY POOPER It turns out Lindsay Lohan's early 23rd birthday party she threw in Las Vegas last weekend was a lucrative one.

Lohan was reportedly paid \$70,000 US to host the "pre-celebration"

at the MGM Grand, a source told Page Six. None of her really close friends were there." METRO WORLD

NEWS













32 Additionally 33 Actor LaBeouf

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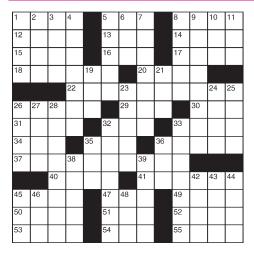
54 Wire measure

55 Hardly a purebred

entertainment **15**

Take Five

more delicious Metro recipes, visit: metronews.ca/food



Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

3	8						9	5
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Crossword across

- 1 Forbidden (Var.) 5 Actress Thurman
- 8 Chaste
- 12 Unsigned (Abbr.) 13 Persona-grata link
- 14 A single time
- 15 Hexagonal state
- 16 Spacecraft
- compartment
- 17 Cicatrix
- 18 Long, harsh speech 20 Bar
- 22 With feet turned inward
- 26 Froot
- 29 Little louse
- 30 Attempt
- 31 Partner in crime

Crossword down

- 1 Lacking slack
- 2 Con 3 Wild porker
- 4 Blue
- 5 Let off the hook?
- 6 Cattle call? 7 C-3P0, for example
- 8 Suggest, as a theory
- 9 Strip
- 10 Nipper's co. 11 Always, in verse
- 19 Insult
- 21 Pismire
- 24 Green land 25 Twosome
- 23 Boredom

- 26 Set down 27 Medley 28 Salad dressing
- ingredient
- 32 Blend
- 33 Weapon of a sort 35 Greek H
- 36 Tina of 30 Rock
- 38 Chopin piece
- 39 Boutonniere site
- 42 Stead 43 Tend texts
- 44 Circus shelter
- 45 Skater Babilonia
- 46 Storefront sign abbr.
- 48 Baba

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

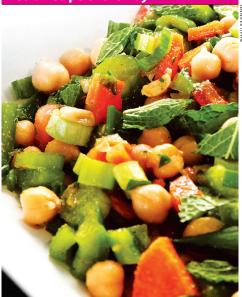
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Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TI	ME:
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13-17 min	Scho

E TIME:	17-21 min	Smart
Genius	21-25 min	Not bad
Scholar	25+ minKe	ep practising

Metro Recipe of the Day



Moroccan Chickpea Salad

Submitted by Stephanie Ein, Montreal

INGREDIENTS:

1 stalk celery, diced 1 green pepper, diced 1 med. tomato, diced 1 med. onion or 6 green onions, diced 1 can chick peas, drained (19

1/2 cup of feta cheese

DRESSING:

- 2 tbsp olive oil 3 tbsp red wine vinegar 2 tbsp fresh lemon juice
- (about 1/2 lemon) 1 tbsp fresh parsley
- 1 tsp fresh mint 1 tbsp & 1 tsp dried ground
- Salt and pepper to taste

submitted by a Club Member!

METHOD:

Toss diced vegetables and drained chickpeas. Stir dressing ingredients to-gether. (Dressing will look thick and muddy). Pour over veggies and toss.

SERVES 2 PREP TIME: 20 MINUTES



20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at 20minutesup perclub.com

Horoscopes by Sally Brompton

ARIES

MARCH 21-APRIL 20 If you see conspiracies at every turn you've allowed your suspi-

cions to get out of hand. Nothing harm you — except your own negative thinking.

SEPT 23-OCT 23

You may have to rethink an undertaking that promised so much just a short time ago. It's still promising, but be realistic about your objectives.

TAURUS

APRIL 21-MAY 21

Today you will be acutely aware of changes in your professional situation. But there is no need to panic. These particular changes are good for you.

SCORPIO

OCT 24-NOV 22 Someone needs a shoulder to cry on and you'll try to comfort them. You might also like to point out where and why they went wrong — but nicely.

GEMINI

MAY 22-JUNE 21

With cosmic activity in the travel area of the heavens looking a little unsettled, weigh your options carefully before booking a vacation.

SAGITTARIUS NOV 23-DEC 21

Whatever your responsibilities, make time for some fun and games today. Life may be a serious business but there should be time for laughter too.

CANCER

JUNE 22-JULY 22

Something has sparked you off and you intend to extract from it very last bit of fun and excitement. Just watch it doesn't cost

CAPRICORN

DEC 22-JAN 20
Step outside what you are working on and see it from a wider perspective. There may be a better way to go about

you more than you can afford.

LEO

AQUARIUS

JULY 23-AUG 23

JAN 21-FEB 18
You won't want to push yourself at all today. Why should you when there are better qualified people to take care of the heavy stuff? Take a rest.

Forget about everything but having a good time. And if you

have that good time alongside someone you love it could be

one of the best days of the year.

VIRGO

AUG 24-SEPT 22 As usual you'll be on the go from dawn to dusk, but activity

sallybrompton.com

in the wellbeing area of your chart is a bit unstable just now, so don't take unnecessary risks.

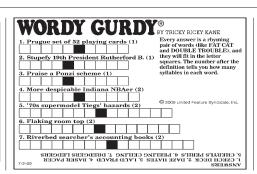
PISCES FEB 19-MARCH 20

Something in the air alerts you

that all is not right with your friends. Find out why this bubble of tension exists, then prick



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Kanata Centrum Mall, Next to Rogers (Barrhaven, Near Walmart	(613)	599-9599
Barrhaven, Near Walmart((613)	843-1333
Renfrew, 108 Raglan St. S	(613)	432-4488
Kemptville, Kemptville Mall((613)	258-2700
Hull, 101-295 St-Joseph Blyd(
Gatineau , Promenades de l'Outaouais (
Cornwall Square, 2nd floor / Charms	613	930-2222
Brockville, 358 Stewart Blvd / Swiss Chalet	613	345-1119
Kingston, Cataragui Centre / 2nd floor The Bay (Belleville, Bell Tower Plaza	013	546-4444
Delleville, Dell Tower Plaza	015	967-0000
Oakville, 261 Oak Walk Dr near Walmart ((202)	237-0991

Mississauga, Mavis & Britannia / Best Buy St. Catharines, Pen Centre / The Bay Marche Central,	(905) (905) (514)	568-8899 988-9797 384-1117
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Centre Eaton,	(514)	363-4000
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Fairview Pointe-Claire,	(514)	695-2555
St-Bruno , Promenades St-Bruno	(450)	653-5959
Lachenaie, Carrefour Lachenaie	(450)	582-7522
Trois-Rivières, Les Rivières	(819)	693-8888
Repentiony, Galeries rive Nord	(450)	582-8882

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